

Stand Up for Learning

AlphaBetter™ Student Desk with Pendulum™ Footrest

What Teachers are Saying

High school English teacher:

Changes I have seen since having the desks...
I see that the students I have placed in the desks are more alert. I purposely placed several students that have a hard time focusing and staying awake in the desks and standing for class has definitely made a difference in their engagement. The students in the stations are rarely caught spacing out as well.

I think it is important to rethink the way students learn because we are working with a whole new generation and type of student; whether it should be this way or not, teachers today have to "sell their class and content." Having students' bodies more engaged does also affect their minds.

5th grade team teacher:

The most important thing I notice is that my students that use the standup desks are more actively involved in classroom discussions and in their independent work. I NEVER see heads laying on the desks as I did with traditional desks when they were sitting on the chairs. They seem much more alert!

We live in a different "world" now. Our children are in a society of technology, TV, video games, etc where their brains are always being stimulated so how we teach and how they learn needs to be on a more active involvement level for them. I think children come to school very tired because they do not get enough physical activity in their days. Standing up to work, swinging their feet helps to energize the brain and the body so they are alert during learning. So many more

of our students battle ADD/ADHD and I think standing up to learn or sitting making use of the foot swing bar helps get the "jitters" out and allows their brains to be able to focus.

6th grade teacher of departmentalized classes:

The students at the stand-up desks were more attentive to my lessons and directions for what they were expected to do. They actively participated in class discussions more than when the same students sat down in chairs at our other traditional tables. Students at the stand-up tables stayed on task during work time whereas when sitting in chairs, at traditional tables, students often sign up to leave the room or get a drink during their work time.

We need to rethink the way kids are expected to learn because education continues to change. State standards and the changing global society we live in today have impacted the rigor of what students are expected to learn in the classroom. My sixth graders are learning about chemistry and physics, algebra and probability, and other topics that were once taught at the high school level. However, children's physical development has not changed. An 11 year old is still growing and needs to be allowed physical movement just as much today as he/she many years ago. The stand-up tables allows for movement, encourages healthy posture, and can be fit to the varying sizes of children.