

Stand Up for Learning

AlphaBetter™ Student Desk with Pendulum™ Footrest

What the Kids are Saying

“I do better artwork standing, and I have a better attention span in math so I think harder about it.”

“I think that since I am able to move more, I pay attention more, so I learn more.”

“I feel like I am more on task and concentrating in math.”

“When we had the desks it was almost like being trapped in a cage, and you can’t get rid of energy to get new energy.”

“Stations keep us more focused, give us more energy, and have definitely improved learning.”

“In reading I have a better imagination and focus better because I stay more awake.”

“A big change from the desk to standing for me has been my legs. I used to always feel restless in a desk, and I wanted to run and move. That’s gone now, and I can stand for a lot longer.”

“I like that we have a choice and have more space.”

“I feel really good about my handwriting after we got the standing stations. I used to feel kind of sad, because I had bad handwriting.”

“I didn’t know handwriting affected your self-esteem, but my handwriting has improved.”

“Whenever I’m in a rush I forget to write my neatest, and later when I look at my notebook, I feel sad.”

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MCA testing and Standing Stations Written comments from students

From 4th graders:

When we were doing MCA's, I liked having a standing station better than a desk because when I had a standing station it did not seem to wear me out as much. With the desk, I felt tired and restless.

My favorite part of the desks is the 'feet swing' because now my feet don't get as jumpy.

I like the "kickswing." It keeps you energized. It helps you think better.

I always like using my 'kickstand.'

I think I can think better when my feet have something to do.

From 6th graders:

I am so glad we had the standing stations for the MCA's. I am usually really fidgety, but the standing stations took a lot of that away.

This year MCA's were different. Instead of kicking the ground, I was using a swinging footrest. The swinging footrest helped take out stress, and it seemed like the harder the question, the harder you swing or when you don't have a good clue to the answer, you also swing hard to try and think and get the answer.

I think that standing up during the MCA test is different than sitting. One reason I think that it is different is that you don't get tired from sitting for a long period of time, and if you're tired you don't test as well. When I sit on the stool, I do use the swinging footrest sometimes. Overall, I like standing up during testing.

I think I was a little more focused. I felt like I did way better and could accomplish more in less time.